

# Movement

Lyrics by Michael Rosen

Music by Russell Hepplewhite

**Joyous** ♩ = 120  
(a bit slower is fine too)

**All**  
*mf*

Voices

Run and roam and step and stoop and

7

sweep and sway and jive and jump. Creep and crawl and

10

roll and rush and dive and climb and slide and slump.

## Optional extension group

13

Run and roam and step and stoop and

15

sweep and sway and jive and jump.  
Creep and crawl and roll and rush and dive and climb and slide and slump.

17

Creep and crawl and roll and rush and

Run and roam and step and stoop and sweep and sway and jive and jump.

19

dive and climb and slide and slump.

Creep and crawl and roll and rush and dive and climb and slide and slump.

22

**3** **2** **All**  
***mf***

Trot and jog and

28

spring and sprint and lope and loop and dart and dash.

31

Dance and prance and twist and twirl and bend and stretch and

### Optional extension group

***mf***

Trot and jog and

34

swim and splash. Trot and jog and spring and sprint and

36

spring and sprint and lope and loop and  
lope and loop and dart and dash. Dance and prance and twist and twirl and

38

dart and dash. Dance and prance and  
bend and stretch and swim and splash. Trot and jog and spring and sprint and

40

twist and twirl and bend and stretch and  
lope and loop and dart and dash. Dance and prance and twist and twirl and

42

swim and splash.  
bend and stretch and swim and splash.

47

**All**  
*mf*

Wave and shrug and wink and blink and bend and bow and

54

nod and drop. Swing and swerve and whirl and wind,

### Optional extension group

*mf*  
Wave and shrug and

57

do you think you'll ev - er stop? Wave and shrug and wink and blink and

60

wink and blink and bend and bow and

bend and bow and nod and drop. Swing and swerve and whirl and wind,

62

nod and drop. Swing and swerve and

do you think you'll ev - er stop? Wave and shrug and wink and blink and

64

whirl and wind, do you think you'll

bend and bow and nod and drop. Swing and swerve and whirl and wind,

66

ev - er stop?

do you think you'll ev - er stop?

**All**  
*mp*

69

Do you think you'll ev - er stop?

71

*p*

Do you think you'll ev - er,

73

*pp*

do you think you'll ev - er, do you think you'll ev - er stop?